P. D. I. - 21

This questionnaire is designed to measure beliefs and vivid mental experiences. We believe that they are much more common than has previously been supposed, and that most people have had some such experiences during their lives. Please answer the following questions as honestly as you can. There are no right or wrong answers, and there are no trick questions. Please note that we are NOT interested in experiences people may have had when under the influence of drugs.

IT IS IMPORTANT THAT YOU ANSWER ALL QUESTIONS.

Only for the questions you answer YES to, we are interested in: (a) how distressing these beliefs or experiences are; (b) how often you think about them; and (c) how true you believe them to be. On the right hand side of the page we would like you to circle the number which corresponds most closely to how distressing this belief is, how often you think about it, and how much you believe that it is true.

If you answer NO, please go straight to the next question.

SEX	ETHNIC BACKGROUND	 AGE
RELIGION	PROFESSION	 DATE

Do you ever feel as	Not at all				Very
if people are	distressing				distressing
reading your mind?	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	2	3	4	5
NO YES $\rightarrow \rightarrow \rightarrow$	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
Do you ever feel as if	Not at all				Very
you can read other	distressing				distressing
people's minds?	1	2	3	4	5
• •	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	(2)	3	4	5
NO (YES)	Don't believe	\bigcup			Believe it is
	it's true				absolutely true

		e circle i	if answei	red YES	
(1) Do you ever feel as if people	Not at all				Very
seem to drop hints about you	distressing	2	4	_	distressing
or say things with a double meaning?	1 2	3	4	5	
	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	2	3	4	5
NO YES $\rightarrow \rightarrow \rightarrow$					
	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(2) Do you ever feel as if	Not at all				Very
things in magazines or on TV	distressing				distressing
were written especially for	1 2	3	4	5	
you?	-	-	-	-	
•	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	2	3	4	5
NO YES					
7 7 7	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
				·	-
(3) Do you ever feel as if	Not at all				Very
some people are not what	distressing				distressing
they seem to be?	1	2	3	4	5
-					
	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	2	3	4	5
NO YES $\rightarrow \rightarrow \rightarrow$					
	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(A) D	NT / 12				X.7
(4) Do you ever feel as if	Not at all				Very
you are being persecuted	distressing	2	2	4	distressing
in some way?	1	2	3	4	5
	Uandler a				Think about it
(mlagga girals)	Hardly ever				Think about it
(please circle)	think about it	2	3	1	all the time
NO YES	1	2	3	4	5
NO YES →→→	D				Data a tet
	Don't believe				Believe it is
	it's true	2	2	4	absolutely true
	1	2	3	4	5
(5) Do you aver feel or if	Not at all				Vom
(5) Do you ever feel as if	Not at all				Very
there is a conspiracy against	distressing	2	2	4	distressing
	1	2	3	4	5
you?					Think about it
you?	Hardly aver				
	Hardly ever				
	think about it	2	3	Л	all the time
you? (please circle)		2	3	4	
	think about it	2	3	4	all the time 5
(please circle)	think about it 1 Don't believe	2	3	4	all the time 5 Believe it is
(please circle)	think about it	2	3	4	all the time 5

		circle	if answei	red YES	
(6) Do you ever feel as if	Not at all				Very
you are or destined to be	distressing	2	2	4	distressing
someone very important?	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
(4)	1	2	3	4	5
NO YES					
~~~	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(7) Do you ever feel that	Not at all				Very
you are a very special or	distressing				distressing
inusual person?	1	2	3	4	5
	TT. 11				TDL: 1 -1 - 1:
(.1	Hardly ever				Think about it
please circle)	think about it	2	2	A	all the time
NO VEC	1	2	3	4	5
NO YES →→→	TO 10.1 **				D 11
	Don't believe				Believe it is
	it's true	_	2		absolutely true
	1	2	3	4	5
Q) Do you over feel that you	Not at all				Very
8) Do you ever feel that you					
re especially close to God?	distressing	2	3	1	distressing 5
	1	2	3	4	5
	Hardly ever				Think about it
please circle)	think about it				all the time
picase effect)	tillik about it	2	3	4	5
O YES	1	4	5	7	5
· · · · · · · · · · · · · · · · · · ·	Don't believe				Believe it is
	it's true				
	it's true	2	3	4	absolutely true 5
	1	2	3	4	3
9) Do you ever think that	Not at all				Very
people can communicate	distressing				distressing
elepathically?	1	2	3	4	5
1 ··· J ·	-	_	-	•	
	Hardly ever				Think about it
(please circle)	think about it				all the time
· /	1	2	3	4	5
NO YES →→→					
, , ,	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
10) Do you ever feel as if	Not at all				Very
lectrical devices such as	distressing				distressing
omputers can influence	1	2	3	4	5
ne way you think?	11 11				701.1.1
	Hardly ever				Think about it
please circle)	think about it	_	2		all the time
NO MEG	1	2	3	4	5
NO YES →→→					
	Don't believe				Believe it is
	it's true	_	_		absolutely true
	1	2	3	4	5

		e circle	if answe	red YES	
(11) Do you ever feel as if you	Not at all				Very
have been chosen by God in	distressing				distressing
some way?	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
· · · · · · · · · · · · · · · · · · ·	1	2	3	4	5
NO YES					
~ ~ ~	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(12) Do you believe in the	Not at all				Very
power of witchcraft, voodoo	distressing	2	2	4	distressing
or the occult?	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
(picase circle)	unink about it	2	3	4	5
NO YES	1	2	3	7	5
**************************************	Don't believe				Believe it is
	it's true				absolutely true
	it's true	2	3	4	absolutely true 5
	1	۷	3	4	5
(13) Are you often worried	Not at all				Very
that your partner may be	distressing				distressing
infaithful?	1	2	3	4	5
	•	_	-	-	
	Hardly ever				Think about it
(please circle)	think about it				all the time
- '	1	2	3	4	5
NO YES →→→					
	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(14) Do you f1 (1-4)	Not -t -11				Vom
(14) Do you ever feel that you	Not at all				Very
have sinned more than the	distressing	2	3	4	distressing
average person?	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
prouse energy	tiilik about it 1	2	3	4	5
NO YES	1	2	J	7	
~~~ <b>~~</b>	Don't believe				Believe it is
	it's true				absolutely true
	its true	2	3	4	5
	1	2	J	7	
15) Do you ever feel that	Not at all				Very
people look at you oddly	distressing				distressing
ecause of your appearance?	1	2	3	4	5
J. T. F. T.	-		-		
	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	2	3	4	5
NO YES →→→					
NO YES ***	Don't believe				Believe it is
NO YES ***					Believe it is absolutely true
NO YES →→→	Don't believe	2	3	4	

		circle	if answei	red YES	
(16) Do you ever feel as if	Not at all				Very
you had no thoughts in	distressing	2	2	4	distressing
your head at all?	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
,	1	2	3	4	5
NO YES →→→					
	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(15) 5					
(17) Do you ever feel as if	Not at all				Very
the world is about to end?	distressing	2	2	4	distressing
	1	2	3	4	5
	Hardly ever				Think about it
(please circle)	think about it				all the time
4	1	2	3	4	5
NO YES					
~ ~ ~	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
(18) Do your thoughts ever	Not at all				Very
feel alien to you in	distressing				distressing
some way?	1	2	3	4	5
	Uardly area				Think about it
(please circle)	Hardly ever think about it				all the time
(please circle)	think about it	2	3	4	5
NO YES	1	2	5	7	5
 	Don't believe				Believe it is
	it's true				absolutely true
	1	2	3	4	5
				-	
(19) Have your thoughts ever	Not at all				Very
been so vivid that you were	distressing				distressing
worried other people would	1	2	3	4	5
hear them?	***				
	Hardly ever				Think about it
(please circle)	think about it	2	2	4	all the time
NO YES	1	2	3	4	5
	Dog 4 1-11				Deligna it is
	Don't believe it's true				Believe it is
	it's true	2	3	4	absolutely true 5
	1	2	J	7	3
(20) Do you ever feel as if	Not at all				Very
your own thoughts were being	distressing				distressing
echoed back to you?	1	2	3	4	5
•					
	Hardly ever				Think about it
(please circle)	think about it				all the time
	1	2	3	4	5
NO YES $\rightarrow \rightarrow \rightarrow$					
	Don't believe				Believe it is
	it's true	_	_		absolutely true
	1	2	3	4	5

	Please	circle	if answei	red YES	
(21) Do you ever feel as if you are a robot or zombie without a will of your own?	Not at all distressing 1	2	3	4	Very distressing 5
(please circle)	Hardly ever think about it	2	3	4	Think about it all the time 5
NO YES → → →	Don't believe it's true	2	3	4	Believe it is absolutely true 5

Thank you very much for your cooperation. At a later stage we may need to contact you again to give you this questionnaire again, and we would be very grateful if you could leave your name and address below. All your answers will be treated confidentially. If you do not wish to be contacted again, however, just leave the space below blank.

Name	
Address	
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